

# 2020 Annual Report

We bring hope and healing to children, youth and their families.

Parents  
*by Choice*

## Highlights

**Parents by Choice's** acquisition of the **COURTHOUSE Plaza** in

downtown Stockton! We moved our staff located at 2423 W. March Lane to our new centralized location in October. We are located a block from SJ Human

Services and the SJ Courthouse. This increases our ability to grow our programs and provide more opportunities for our children and families. The building had a coffee bar, which has been made into Plaza Perks and is operated by our Transitional Housing young adults, providing them with job skills. The lower level has been developed for our Supervised Visitation Program. Our Mental Health Program has their own suite, with three treatment rooms, conference room, reception and office spaces. We have suites with leased tenants and all the space we need to further develop our programs and accommodate our growing staff. *We are so excited!!*



**Mental Health** In 2020 **Parents by Choice** clinicians had to be creative and flexible, moving to **TeleHealth** model and finding new ways to support children, families and staff. Take –and–Go art kits were created in order to help individuals artistically deal with the stress and mental health challenges brought on by the pandemic.

**Therapeutic Foster Care** have two Resource Parents providing services, and more getting trained in this specialized service. We are getting requests for our families and services we provide, even during the pandemic

**Positive Parenting Program**, Triple P has operated at PbC since 2012. We have the following contracts:

- San Joaquin County Child Welfare Services – for parents with children in foster care.
- San Joaquin County Office of Education – Co-Parenting classes for parents going through divorce or having difficulty in working with the other parent.
- San Joaquin County Behavioral Health – Increases a parent's confidence and their ability to parent. Decreases the likelihood of children being removed from the parent due to abuse and neglect.
- Solano County – First 5 Contract – Providing parenting education, coaching and one-on-one sessions with parents of children 5 and under.

The Triple P team, like all of us, had to find creative, technology based ways to conduct classes, sessions and continue to offer these essential services during the pandemic. Gus Pacheco and his team learned to master Zoom and group chats in order to continue meeting the needs of parents. It became obvious that with the remote class model, parents from anywhere could participate and benefit from the Triple P, Positive Parenting Program.

**Adoptions:** In 2020 **Parents by Choice** completed twenty adoptions for children placed with our foster parents or families with San Joaquin County. This essential step to permanency provides children with a forever family. These adoption finalizations provided an additional \$86,000 in revenue.



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needed to get very creative to make the Christmas Season special. A Christmas Car Parade and drive-by gift drop-off with Santa and the Grinch and elves, saved Christmas. Check out the video on

YouTube or a link on our website. This was made possible through our generous community donors; we were able to provide children with multiple gifts from their wish-lists. THANK YOU!

The **School-Based Mental Health Services** – to four high schools, Parents by Choice will be providing two full-time counselors to support students on campus. –Due to school closures and the COVID pandemic this contract ended.

## Children and Families We Serve

Children served in **foster care**: **172** children placed with **63\*** families, spending **32,594** nights in care. These numbers include the **Intensive Services Foster Care (ISFC)** program, which served **60** children. **\*21** new families were approved during 2020-incredible during a pandemic and multiple stay-at-home orders!

172/63  
32,594

**20** children were adopted by their foster parent(s), completing their journey to permanency.

**Transitional Housing Program, THP+**: served **30** young adults, spending **5,475** nights in care, this doubled the previous year's numbers. In addition, the State approved waivers for youth turning 21 allowing them to stay in care during the pandemic. Challenges for the young adults included losing jobs, distance learning and mental health issues, however our dedicated staff ensured their safety.

30  
5,475

Our **Mental Health Program** served **52** clients that included children in foster care, and young adults in our transitional housing program. That is an increase of 372% from the previous year!!

### **Triple P – Positive Parenting Program – San Joaquin County (BHS & CWS & SJCOE) and Solano County First 5**

The combination of the above Triple P programs served a total of 1,610 participants, with 925 graduates. There were 264 groups, 1,412 sessions and a total of 550 seminars. The year started strong, but with the pandemic, services went online and staff demonstrated their flexibility, compassion and 'can do attitude'. The Solano County First 5 contract met goals early and was able to increase the number of families served by an expansion of the contract.

1610  
925\*

The **Supervised Visitation and Safe Exchange** program served 130 families in 2020 and provided 1328 hours of supervision and safe exchange time. Staff facilitated 216 safe exchanges for 8 families. This includes our child welfare families. These services were provided to families during the 2020 Covid-19 Pandemic to allow families to remain safely connected during the 2020 difficult times.

130  
1328



#### **Income Sources:**

Foster Care & ISFC	\$4,014,594.
THP+FC	\$632,318.
Triple P-all contracts	\$583,401.
Mental Health	\$273,058.
Adoption	\$96,600.
Supervised Visits	\$87,020.
Plaza Perks	14,001.
Grants	\$6,934
PSA Contract	\$5,550.
Other Income	\$363,476
Donations	\$23,130.

**Income: \$6,100,082.**  
-VS-  
**Expenses: \$5,586,134.**

#### **Parents by Choice Offices**

##### **San Joaquin County**

306 E. Main Street, Stockton, CA 95202 (Main Office)  
(209) 478-4554 \* [www.parentsbychoice.net](http://www.parentsbychoice.net)

2925 W. March Lane, Suite 205, Stockton, CA 95207

##### **Stanislaus County**

2937 Veneman Ave. Suite B250, Modesto, CA 95356  
(209) 491-5400

##### **Solano County**

409 Merchant Street, Vacaville, CA 95688  
(707) 689-4497 \* [SolanoTripleP.com](http://SolanoTripleP.com)